

Incredible Years – School Age Parenting Program

This parenting program is designed to strengthen parenting skills, explore strategies to promote positive behaviours, and responses to inappropriate behaviour in elementary school age children.

The program will be offered through ZOOM

Beginning Mon. March 21--- 6:00 to 7:30 for 10 weeks!

Please contact for more information and/ or to register.

* Cheryl – 902-568-0042 [mvfrcparentingjourney@gmail.com](mailto:mvfrcparentingjourney@gmail.com)

A minimum of 6 families will be needed for the course to be offered.

**This is a free program presented by**  - Musquodoboit Valley Family Resource Centre & HRCE Schools Plus.